

## VINEGAR WATER SOAKS

Mix one gallon of distilled water with one cup of white vinegar and refrigerate.

Saturate a gauze pad or piece of cotton cloth with the vinegar mixture. Place on the crusted wound and leave in place for 10-15 minutes before removing. Repeat soaks 2-3 times daily.

After each vinegar water soak, apply topical antibiotic ointment or Aquaphor and bandage as directed.